

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Matthew de la Rey**

Has successfully participated & completed the

**13km Shift Wellness - Trail Run, The Shift Series**

held at Walter Sisulu Garden.

**TIME 01:23:25**

**PACE 06:24/km**

**GENDER 8 of 79**

**OVERALL 10 of 149**

**OPEN 6 of 40**

23 June 2019, Sun

Date



*BoutTime*

Signature

